



How to best balance your time

This is difficult to help with, as it is very personal, but I shall do my best

What you probably need to do

- Let's say for your uni degree you have 12 hours of contact time a week
- Let's say you want to do 8 extra hours of uni work, reading, essay writing etc
- Let's say you attend a society once a week for three hours in the evening
- Let's say you are human and so need 8 hours of sleep, 14 hours to cook and eat each week
- Let's say for law applications you want to dedicate 4 hours a week
- Let's say for your own personal projects you want to dedicate 8 hours a week

That is still 66 hours for you to do your thing each week

How to structure it:

Dedicate certain tasks to each day per week, I will use my own schedule for example

Monday – lectures (3 hours) teaching (1 hour), Lack of Law (1 hour), interview/assessment centre/Watson Glaser practice (1 hour), exercise (1/2 an hour) food prep and shop (1 hour)

Tues- teaching (1 hour), lectures (1 hour), law applications (1 hour), crocheting (1 hour), French lessons (2 hours), seminar prep (1/2 an hour), commercial awareness reading (1/2 an hour) debating (3 hours)

Weds- exercise (1 hour), teaching (1 hour), Lack of Law (1 hour), seminar prep (1/2 an hour)

Thurs- teaching (1 hour), lectures (1 hour), Legal comp prep (1 hour), seminar prep (1 hour), commercial awareness reading (1/2 an hour) debating (3 hours)

Friday- exercise (1/2 an hour), lectures (1 hour), teaching (1 hour), law applications (1 hour), teaching (1 hour), meal prep (1 hour)

Sat lack of law (1 hour), French lessons (1 hour),

Sun- law essay(1 hour) exercise (1 hour) crocheting (1 hour) tasks-cleaning laundry etc (2 hours)

Do I stick to this as much as possible? Yes. Do I complete it perfectly? No. Does this encompass all the work I need to do? Absolutely not. But spreading these tasks throughout the week allows me to also spread my other work across the week and maintain consistent growth across all these areas.